



Tidsskjema Groruddalslekene 2022

Stovnerbanen, Lørdag 14.mai

TID	Løp/Hekk	Grop 1	Høyde	Spyd/Lb	Slegge	Kule	TID
	60 meter/hekk	Lengde					
10:00	J10 (2 heat)	G10 (7)			G14-15-16 (3)		10:00
10:10	J11 (1 heat)						10:10
10:15	J12 (1 heat)						10:15
10:20	J13 (2 heat)						10:20
10:30	J14 (1 heat)					J10 (7)	10:30
	80 meter/hekk						
10:40	J15 (1 heat)						10:40
10:45	J16 (1 heat)						10:45
	100 meter/hekk						
10:50	J17 (1 heat)						10:50
11:00			J10 (8)				11:00
	60 meter						
11:05	G7 (1 heat)						11:05
11:10	G8 (1 heat)					J14 (9)	11:10
11:15	G9 (1 heat)						11:15
11:20	G10 (1 heat)						11:20
11:25	G11 (1heat)						11:25
11:30	G12 (2 heat)	J7-8-9 (13)					11:30
11:40	G13 (2 heat)						11:40
11:50			J11-12-13 (15)				11:50
	100 meter						
11:55	G14 (1 heat)			Liten ball			11:55
12:00	G15 (1 heat)			G7-9 (11)			12:00
12:05	G16 (1heat)						12:05
12:10	G17-MS (3 heat)						12:10
12:15						J15-16-17-KS (8)	12:15
12:30		G11-12-13 (22)					12:30
12:40							12:40
13:00	FINALER						13:00
13:15	B-FINALE						13:15
13:20	A-FINALE						13:20
	200 meter						
13:30	J7-J8 (1 heat)						13:30
13:35	J9 (1 heat)						13:35
13:40	J10 (2 heat)			Spyd			13:40
13:50	J11 (2 heat)			G15-16-17-MS (5)			13:50
14:00	J12 (1 heat)						14:00
14:05	J13 (2 heat)						14:05
14:15	J14 (2 heat)						14:15
14:25	J15 (1 heat)						14:25
14:30	J16-17-KS (1 heat)						14:30

