



Tidsskjema Groruddalslekene 2022

Stovnerbanen, Søndag, 15.mai

TID	Løp/Hekk	Grop 1	Grop 2	Høyde	Spyd/Lb	Slegge	Kule
	60 meter/hekk	Lengde					
10:00	G10 (1 heat)	J10 (7)				J14-15-16-17 (8)	
10:05	G11 (1 heat)						
10:10	G12 (1 heat)						
10:15	G13 (1 heat)						
10:20							G10 (4)
	80 meter/hekk						
10:25	G14 (1 heat)						
10:35		G7-8-9 (9)					
	110 meter/hekk						
10:40	G17-18/19 (1 heat)				Spyd		
10:45					J15-16-17 (6)		
	60 meter						
11:00	J7-8 (1 heat)						
11:05	J9 (1 heat)						
11:10	J10 (1 heat)						
11:15	J11 (1 heat)						
11:20	J12 (2 heat)						G14 (3)
11:30	J13 (2 heat)			G11-12-13 (10)			
11:40							
	100 meter						
11:50	J14 (2 heat)						
12:00	J15 (1 heat)						
12:05	J16 (1 heat)						
12:10	KS (1 heat)				Liten ball		
12:20		J11-12-13 (22)			J7-9 (9)		
	FINALE						
13:15	A-FINALE						
	200 meter						
13:30	G7-G8 (1 heat)						
13:35	G9 (1 heat)						
13:40	G10 (1 heat)						
13:45	G11 (1 heat)						
13:50	G12 (2 heat)						
14:00	G13 (2 heat)					J10-13 (10)	
14:10	G14 (1 heat)						
14:15	G15 (1 heat)						
14:20	G16 (1 heat)						
14:25	G17 (1 heat)						
14:30	MS (2 heat)						
14:45				G14-17-MS (9)			

